

# SANTA SOPHIA PRIMARY SCHOOL MENU

## Healthy Start Fruit



Fresh Fruit Available Daily	\$1.00
Fresh Fruit Salad	\$4.00

## Sandwich Bar



Vegemite	\$2.00
Cheese	\$3.50
Salad	\$4.00
Ham & Cheese	\$4.00
Ham, Cheese & Tomato	\$4.50
Cheese & Tomato	\$4.00
Ham & Salad	\$4.50
Roast Chicken	\$3.80
Roast Chicken, Lettuce & Mayo	\$4.50
Roast Chicken & Salad	\$4.50
Tuna	\$3.80
Tuna Lettuce & Mayo	\$4.50
Tuna & Salad	\$4.50

## Turkish Breads

<b>Chicken Schnitzel Delight</b> Chicken Schnitzel Roast, Capsicum & Cheese	\$5.80
<b>Chicken Delight Roast Chicken</b> Roast Chicken, Sun-dried Tomato & Cheese	\$5.80
<b>Vegetarian Delight</b> Sun-dried Tomatoes, Roast Capsicum, Artichoke & Cheese	\$5.80
<b>Ham Delight</b> Smoked Ham, Sundried Tomatoes, Olives & Cheese	\$5.80

## Salad Bar



Chicken Caesar Salad	Small \$5.00 Large \$6.00
Garden Salad	Small \$3.50 Large \$4.50
Add Tuna or Chicken	Small \$4.00 Large \$5.00
Greek Salad	Small \$4.00 Large \$5.00

## Wrap Bar



Breads: White, Wholemeal
Gluten Free - Extra \$1.00
Double - \$5.50
Single \$4.00

### Sweet Chilli Chicken Salad & Cheese

### Chicken Caesar, Bacon & Cheese

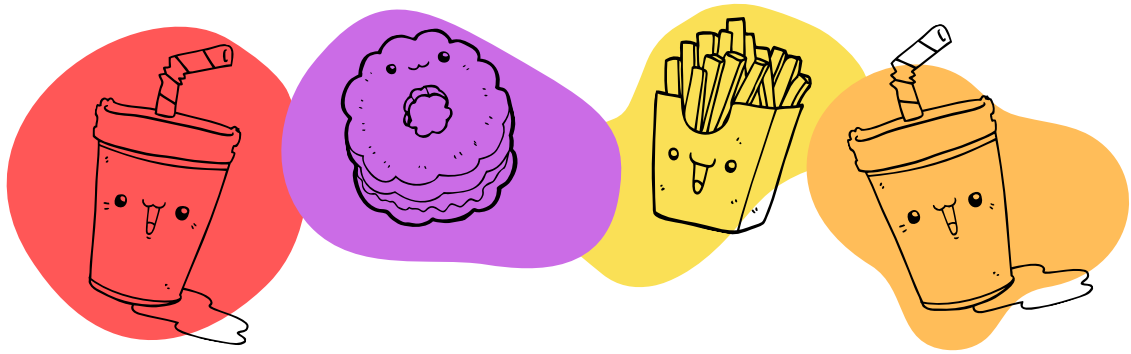
### Chicken Schnitzel, Lettuce & Mayo

### Ham & Salad



## Snacks

Zooper Dooper	\$1.50
Jelly Stick (4)	\$1.50
Jelly Bowl	\$2.50
Juice Cup	\$2.00
Custard (Low fat)	\$2.50
Jelly & Custard Bowl	\$3.00
Jumpy's	\$2.00
Banana Bread	Half \$2.50-Full \$4.00
Ice Blocks & Ice-creams	\$1.50 -\$4.00



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## Pasta



**Spaghetti Bolognese** \$5.00  
Home-made Bolognese

## Pies & Rolls

**Lean Beef Pie** \$4.50  
**Lean Sausage Roll** \$4.00  
**Spinach & Ricotta Roll** \$4.50

Tomato Sauce Extra 20c

## Home-made Pizza

**Margherita** \$4.00  
Cheese & Tomato  
**Hawaiian** \$4.50  
Ham & Pineapple  
**Chicken** \$4.50  
Lean Roast Chicken & BBQ  
Sauce

## Cold Drinks



**Spring Water 600ml** \$2.00  
**Milks (Low Fat) 300ml** \$2.80  
Chocolate, Strawberry  
**Flavoured Milkshakes** \$4.00  
Chocolate, Caramel &  
Strawberry  
**Juice Poppers 99%** \$2.50  
**Juice Bombs** \$3.50

## Hot Meals

**Jaffle**  
Cheese \$3.50  
Cheese & Tomato \$4.00  
Ham, Cheese & Tomato \$4.50

**Low Fat Hot Dog**  
No Tomato Sauce \$3.50  
With Tomato Sauce \$4.00  
With Tomato Sauce & Cheese \$4.50

**Lean Beef Burger**  
With Tomato, Lettuce, Beetroot  
& BBQ Sauce \$5.20

**Lean Chicken Burger**  
With Lettuce & Mayo \$5.00

**Garlic Bread** \$2.00

**Chicken Nuggets x 4** \$3.50  
**Chicken Nuggets x 5** \$4.00  
**Chicken Nuggets x 6** \$4.50

**Oven Baked Potato Wedges** \$4.50

**Vegetarian Fried Rice** \$4.50

**Butter Chicken With Rice** \$5.00

