

FRESHLY
MADE!

SANTA SOPHIA

CANTEEN MENU

BREAKFAST

BACON ROLL	\$4.00
EGG ROLL	\$4.00
BACON & EGG ROLL OR WRAP	\$4.50
HOME-MADE BANANA BREAD	\$4.50
MUFFIN	\$4.50
VARIETY OF FLAVOURS	
BREAKFAST MEAL DEALS	
BACON & EGG ROLL OR WRAP & A SMALL FLAVOURED MILK	\$6.80
TOASTED BANANA BREAD & A SMALL FLAVOURED MILK	\$6.50



TOASTED SANDWICH

GLUTEN FREE OPTIONS AVAILABLE (EXTRA \$1.00)	
CHEESE	\$3.50
HAM & CHEESE	\$4.00
HAM, CHEESE & TOMATO	\$4.50

COLD FOOD

WATERMELON BOWL	\$4.50
FRESH FRUIT SALAD	\$4.50
YOGHURT & BERRIES	\$4.50
YOGHURT & MUESLI	\$4.50
FRUIT AVAILABLE DAILY	\$1.00

SANDWICH BAR

CHICKEN LETTUCE & MAYONNAISE	\$4.50
CHEESE & TOMATO	\$4.00
SMOKED HAM HAM, CHEESE & TOMATO	\$4.50
CHICKEN SCHNITZEL HOMMUS & TABOULI	\$4.80
SALAD LETTUCE, TOMATO, CUCUMBER, BEETROOT, ONION & CARROT	\$4.50
EGG EGG, MAYO & LETTUCE	\$4.00
TUNA TUNA, MAYO, CUCUMBER & SPANISH ONION	\$4.50
BREADS WHITE, WHOLEMEAL & MULTIGRAIN	
GLUTEN, ROLL OR WRAP (EXTRA \$1.00)	



TURKISH (HOT)

CHICKEN SCHNITZEL DELIGHT CHICKEN SCHNITZEL, PESTO, ROAST CAPSICUM & CHEESE	\$6.50
CHICKEN DELIGHT ROAST CHICKEN, PESTO SUNDRIED TOMATOES & CHEESE	\$6.50
HAM DELIGHT SMOKED HAM, SUNDRIED TOMATOES & CHEESE	\$6.50
CAESAR DELIGHT CAESAR DRESSING, CHICKEN SCHNITZEL, CHEESE & BACON	\$6.50

PASTA

GLUTEN FREE OPTIONS AVAILABLE (EXTRA \$1.00)	SML	LRG
PENNE BOSCAIOLA HAM, MUSHROOM & CREAM SAUCE	\$5.50	\$6.50
SPAGHETTI BOLOGNESE	\$5.50	\$6.50

TURKISH (COLD)

SCHNITZEL TABOULI CHICKEN SCHNITZEL, HOMMUS & TABOULI	\$6.50
SWEET CHILLI CHICKEN SWEET CHILLI TENDERS, MAYO, TOMATO, LETTUCE & CHEESE	\$6.50

PIZZA

MARGHERITA CHEESE & TOMATO	\$5.00
HAWAIIAN HAM & PINEAPPLE	\$5.50
BBQ CHICKEN BBQ CHICKEN WITH ONION & CHEESE	\$5.50

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SALADS



	SML	LRG
GREEK SALAD TOMATO, CUCUMBER, ONION, CAPSICUM, OLIVES & FETTA	\$5.00	\$6.00
CHICKEN PASTA SALAD ONION, MAYO, CHICKEN, CARROT, RED PEPPER, PARSLEY	\$5.00	\$6.00
PESTO PASTA SALAD PESTO, OLIVES, SUNDRIED TOMATOES & CARROT	\$5.00	\$6.00
CHICKEN CAESAR SALAD CHICKEN SCHNITZEL, COS LETTUCE, CAESAR DRESSING, BACON & CROUTONS	\$5.50	\$6.50
EASTERN DELIGHT SALAD TABOULI, HOMMUS, CHOICE OF SCHNITZEL OR FALAFEL W/ CRUNCHY PITA BREAD	\$5.50	\$6.50
THAI NOODLE SALAD GRILLED CHICKEN, VERMICELLI NOODLE, CUCUMBER, CAPSICUM & CARROT	\$5.50	\$6.50



WRAPS



SINGLE \$4.50 OR DOUBLE \$6.50

SWEET CHILLI CHICKEN CHICKEN, SALAD & CHEESE
CHICKEN CAESAR CHICKEN, BACON, CHEESE & CAESAR DRESSING
FALAFEL FALAFEL, HOMMUS, TABOULI, CUCUMBER & LETTUCE
CHICKEN SCHNITZEL CHICKEN SCHNITZEL, TABOULI, HOMMUS, TOMATO & LETTUCE

FROZEN TREATS

ICY POLES	\$2.00
MILO SCOOPS	\$4.50
MOOSIES	\$2.50

BURGERS

CHICKEN CAESAR BURGER GRILLED CHICKEN, CAESAR DRESSING, BACON & COS LETTUCE	\$6.00
CHEESE BURGER FRESH BEEF PATTY, CHEESE, FRESH TOMATO & TOMATO SAUCE	\$6.00
PERI PERI PORTUGUESE BURGER CHICKEN BREAST, PERI PERI SAUCE & LETTUCE	\$6.00
CHICKEN BURGER FRESH CHICKEN PATTY, LETTUCE & MAYO	\$5.50
GOURMET BURGER FRESH BEEF PATTY, ONION, BBQ SAUCE, BEETROOT, TOMATO & LETTUCE	\$6.00

HOT DISHES

	SML	LRG
SPECIAL FRIED RICE	\$5.00	\$6.00
BUTTER CHICKEN WITH RICE	\$5.50	\$6.50
LEAN BEEF PIE		\$4.50
LEAN SAUSAGE ROLL		\$4.00
SPINACH & CHEESE ROLL		\$4.50
GARLIC BREAD		\$2.50
OVEN BAKED WEDGES	CUP	\$4.50
	TRAY	\$5.50

DRINKS

WATER	600ml	\$2.50
	1L	\$4.50
ALOE VERA		\$4.50
JUICE 500ml ORANGE, APPLE		\$4.80
ICED TEA		\$4.50
POWERADE		\$5.00
LOW SUGAR CAN DRINKS		\$2.80
FLAVOURED MILKS CHOCOLATE, STRAWBERRY	300ml	\$2.80
	500ml	\$4.50
UP & GO		\$3.00

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