

# SANTA SOPHIA PRIMARY SCHOOL MENU

## Healthy Start Fruit



Fresh Fruit Available Daily	\$1.00
Fresh Fruit Salad	\$4.50
Watermelon Bowl	\$4.50

## Salad Bar



Chicken Caesar Salad	Small \$5.00 Large \$6.00
Garden Salad	Small \$3.50 Large \$4.50
Add Tuna or Chicken	Small \$4.00 Large \$5.00
Greek Salad	Small \$4.50 Large \$6.00

## Sandwich Bar



Vegemite	\$2.00
Cheese	\$3.50
Salad	\$4.00
Ham & Cheese	\$4.00
Ham, Cheese & Tomato	\$4.50
Cheese & Tomato	\$4.00
Ham & Salad	\$5.00
Roast Chicken	\$4.00
Roast Chicken, Lettuce & Mayo	\$4.80
Roast Chicken & Salad	\$5.00

## Wrap Bar



Breads: White, Wholemeal

Gluten Free - Extra \$1.00

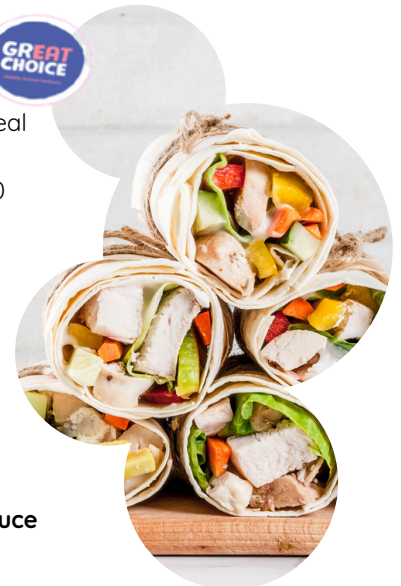
Double - \$6.00

Single \$4.50

Sweet Chilli Chicken  
Salad & Cheese

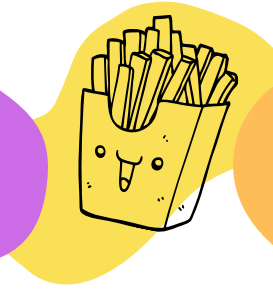
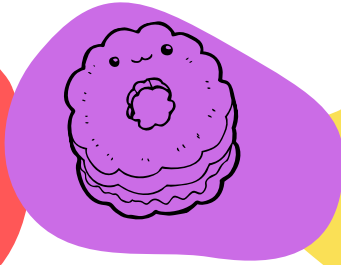
Chicken Caesar, Bacon  
& Cheese

Chicken Schnitzel, Lettuce  
& Mayo



## Snacks

Zooper Dooper	\$1.50
Jelly Sticks	50c
Jelly Bowl	\$2.50
Juice Cup	\$2.00
Custard (Low fat)	\$2.50
Jelly & Custard Bowl	\$3.00
Banana Bread	Half \$2.50-Full \$4.50



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## Pasta



**Spaghetti Bolognese** \$5.50  
Home-made Bolognese

## Pies & Rolls

**Lean Beef Pie** \$5.00  
**Lean Sausage Roll** \$4.50  
**Spinach & Ricotta Roll** \$5.00

Tomato Sauce Extra 30c

## Home-made Pizza

**Margherita** \$4.50  
Cheese & Tomato

**Chicken** \$5.00  
Lean Roast Chicken & BBQ  
Sauce

## Cold Drinks



**Spring Water 600ml** \$2.50

**Milks (Low Fat) 300ml** \$3.00  
Chocolate, Strawberry

**Juice Poppers 99%** \$2.50

**Juice Bombs** \$3.50

## Hot Meals

**Toasted Sandwich**

Cheese \$3.50  
Cheese & Tomato \$4.00  
Ham, Cheese & Tomato \$4.50

**Low Fat Hot Dog**

No Tomato Sauce \$3.50  
With Tomato Sauce \$4.00  
With Tomato Sauce & Cheese \$4.50

**Cheese Burger** \$5.50  
Beef Patty, Tomato, Cheese  
& Tomato Sauce

**Lean Chicken Burger** \$5.20  
With Lettuce & Mayo

**Garlic Bread** \$2.50

**Chicken Nuggets x 4** \$3.80  
**Chicken Nuggets x 5** \$4.50  
**Chicken Nuggets x 6** \$5.00

**Oven Baked Potato Wedges** \$5.00

**Vegetarian Fried Rice** \$5.00

**Butter Chicken With Rice** \$5.50

